

Help stop the coronavirus!

The Chinese have proven that we can stop the spread of the coronavirus by (1) using contact tracing to identify everyone infected or has been exposed, and (2) isolating them from everyone else. The rest of the world can achieve China's success by mimicking their contact tracing. Each person with symptoms of the virus creates a list of everyone they have been near (within 6 feet) over the last two weeks, then notifies them of the exposure. The symptomatic and exposed people self-isolate for two weeks (longer if they catch the virus) to complete the process.

If you have been exposed to someone with symptoms of the coronavirus, please follow the instructions below to do your part in stopping the spread. It can save lives! Thank you.

Coronavirus Crowd-based Social Solution

Person Exposed to Virus

If you have been exposed to someone with symptoms of the coronavirus:

- *Quarantine Yourself:* at home until you hear the results from a friend's test. As best you can, stay away from roommates or family. Yes, you may eat, shower, and go to the bathroom!
- If your friend's test results are fine, return to normal activities
- If your friend has the coronavirus:
 - Begin the 'Person with Symptoms' protocol
 - ❖ Tell your doctor you have been exposed to a confirmed coronavirus patient, but have no symptoms, and then request testing
 - Complete all other protocol steps
- **If testing is NOT available,**
 - Quarantine yourself at home for two weeks
 - After 14 days straight: if you are still okay, then resume activities
 - If at any time you begin to feel sick, then start the 'Person with Symptoms' protocol